

زبان عمومی

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Music and Behavior

Where did you go yesterday? Did you hear **music** at any of those places? There is a good chance that you did. Today most stores and restaurants play music. You might even hear music in an office or on a farm.

Scientists believe that music **affects** the way people **behave**. According to some scientists, the sound of western **classical** music (Mozart and Bach) makes people feel richer. When a restaurant plays classical music, people spend more money on food and drinks. When the restaurant plays modern music, people spend less money. With no **background** music, people spend even less.

changes
act, do things

Scientists also believe that **loud**, fast music makes people eat faster. People actually **chew** their food faster when the music gets faster. Some restaurants play fast music during their busy hours. This gets people to eat faster and leave quickly. Restaurants can make more money this way.

having a strong sound

Some scientists think that music makes you think and learn better. They say that music helps students to be more alert. It is true that people learn better when they are relaxed. And listening to music can help you relax.

The next time you hear music somewhere, be **careful**. It might change the way you behave.



C Vocabulary Review

Underline the word that does not belong with the other two.

1. camel, dolphin, rice
2. hate, raise, produce
3. wonderful, boring, lovely
4. eastern, western, even
5. seeds, soil, skin
6. date, orange, exercise
7. government, art museum, aquarium
8. farm, roof, office

d Questions

The asterisk () means you have to think of the answer. You cannot find it in the text.*

1. What kind of music makes people feel richer?
- *2. Why do some restaurants play classical music?
3. Why do some restaurants play fast music?
4. How can you get people to chew their food faster?
- *5. Why is there background music in some offices?
6. How might music help you to learn better?

e Comprehension: True/False/No Information

Write T if the sentence is true. Write F if the sentence is false. Write NI if there is no information about the sentence in the text.

- _____ 1. Mozart and Bach wrote classical music.
- _____ 2. Music can affect how quickly someone eats.
- _____ 3. It's possible that music can help you learn better.
- _____ 4. Some restaurants use music to make more money.
- _____ 5. People in restaurants spend more money when they hear loud, fast music.
- _____ 6. Office workers are more productive when they listen to music.



f Main Idea

Circle the number of the main idea of the text.

1. Music affects the way people behave.
2. Loud, fast music makes people eat faster.
3. Music might make you think and learn better.



Blues and Jazz



Before You Read

Look at the picture. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. Jazz is a type of music.	☐	☐	☐
2. Jazz is different from classical music.	☐	☐	☐
3. Some jazz musicians play the guitar.	☐	☐	☐



Blues and Jazz

People from Europe and America brought Africans to America as **slaves** before and during the nineteenth **century**. These Africans brought their music with them. After the American Civil War (1861–1865), the African American people in the United States were not slaves. Their African American music became famous. It started in the South, in Louisiana and Mississippi. Then it traveled to the North. This music became the **blues** and then **jazz**.

100 years

Blues and jazz became very **popular** in the twentieth century. A person who “sings the blues” feels sad. Usually he or she lost something—a person, or maybe money or a job. Blues songs **express** sad feelings, sometimes in a funny way. People played the blues first with only one or two **instruments**, for example, a **guitar**, a **harmonica**, or sometimes a **piano**. Sometimes they sang without any instruments. Some famous blues musicians and singers are Bessie Smith, John Lee Hooker, and B. B. King. B. B. King named his guitar “Lucille.”

liked by many people

say or tell



guitar

Jazz came soon after blues. **Composers** **added** more musical instruments. Jazz can be happier than the blues and is often faster. Some famous jazz musicians are Duke Ellington, Louis Armstrong, Miles Davis, and Wynton Marsalis.

music writers; put in, +



harmonica

Musicians who play blues and jazz change the music to express their feelings. They play the music differently each time. People all over the world still like to listen to blues and jazz.



piano



a Vocabulary

Put the right word in each blank. The sentences are from the text.

century	popular	added	feelings
listen	express	guitar	composers
usually	instruments	slaves	harmonica
blues	jazz	listen	piano

1. This music became _____ and then _____.
2. People from Europe and America brought Africans to America as _____ before and during the nineteenth _____.
3. Blues and jazz became very _____ in the 20th century.
4. People played blues first with only one or two _____, for example, a _____, a _____, or sometimes a _____.
5. Blues songs _____ sad feelings, sometimes in a funny way.
6. _____ more musical instruments.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

century	popular	add	piano
listen	composed	express	guitar
usually	instrument	slaves	harmonica
feelings	blues	jazz	composer

1. There are one hundred years in a _____.
2. You play the _____ and the _____ with your hands but not your mouth.
3. You play the _____ with your mouth and hands.
4. Can you _____ these numbers? $456 + 142 + 862 = ?$
5. Some people _____ their feelings by crying or laughing.
6. Mozart _____ classical music.
7. John Lee Hooker sings the _____, and Wynton Marsalis plays _____.
8. The piano is a musical _____.
9. The dolphin is a _____ animal at an aquarium.
10. _____ worked on American farms in the nineteenth century.



C Vocabulary Review

Match each word in Column A with the word or phrase in Column B that means the same. Write the letter on the line following the word in Column A.

Column A

1. ago _____
2. however _____
3. listen _____
4. affect _____
5. modern _____
6. lovely _____
7. thin _____
8. rice _____
9. behave _____
10. roof _____
11. sandal _____
12. loud _____

Column B

- a. act
- b. the top of a house
- c. new
- d. not quiet
- e. before now
- f. hear
- g. beautiful
- h. a kind of shoe
- i. change
- j. not fat
- k. an important food for many people
- l. but

d Questions

The asterisk (*) means you have to think of the answer. You cannot find it in the text.

1. Why did European and American people bring Africans to America before and during the nineteenth century?
2. Where did blues and jazz start?
3. When did blues and jazz become very popular?
4. How does a person who "sings the blues" feel?
- *5. When do you feel like singing the blues?
6. With what instruments did people first play the blues?
7. What is the name of B. B. King's guitar?
- *8. Why do you think B. B. King gave his guitar a name?
- *9. What is the difference between jazz and blues?
- *10. Why are blues and jazz popular all over the world?



e Comprehension: True/False

Write T if the sentence is true. Write F if the sentence is false. The asterisk (*) means you have to think of the answer. You cannot find it in the text.

- _____ 1. Blues and jazz come from African music.
- _____ 2. The American Civil War ended in 1865.
- _____ 3. Jazz and blues started in the southern part of Europe.
- _____ 4. A person who "sings the blues" feels happy because he found something.
- _____ *5. If someone gives you a million dollars, you will sing the blues.
- _____ 6. People can sing the blues with no instruments.
- _____ 7. John Lee Hooker is a famous blues musician.
- _____ 8. Jazz is sometimes happier music than the blues.
- _____ 9. Musicians play jazz and blues the same way each time.

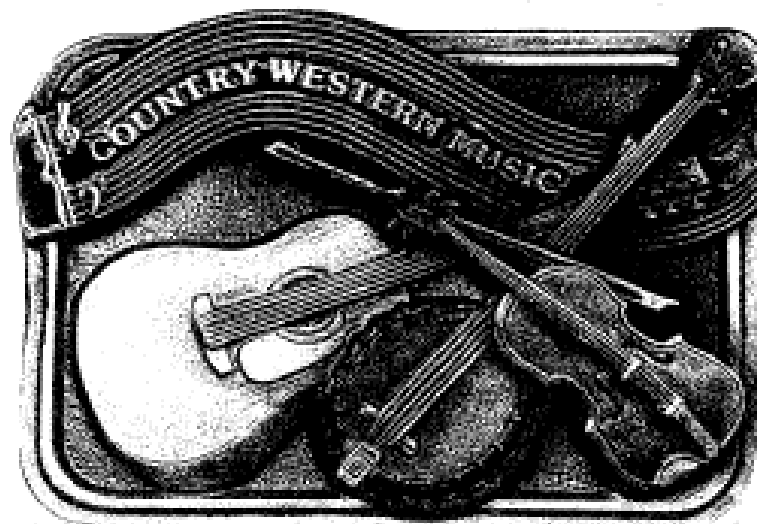
f Main Idea

Circle the number of the main idea of the text.

- 1. The nineteenth century was an important time for American music.
- 2. Jazz is happier music than blues.
- 3. Jazz and blues are two important types of African American music.



Country-Western Music



Before You Read

Look at the picture. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. Country-western music is boring.	☐	☐	☐
2. You need a guitar to play country-western music.	☐	☐	☐
3. Country-western music is loud.	☐	☐	☐

Country-Western Music

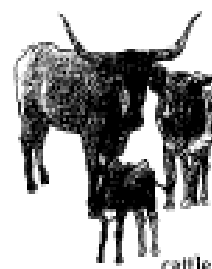
Country-western music is very old. It came from the United States, Canada, Ireland, and Great Britain. Country-western music is a mixture of music from all of these places.

In the American West, cowboys had to take care of the cattle. They had to watch them all day and all night because the cattle were nervous and sometimes ran away. A cowboy's life was lonely and dangerous. When he was alone with the cattle, he drank strong coffee to stay awake at night. He also sang music to the cattle to calm them. He sang about the stars and the moon, about his family and his friends. The cattle listened to the cowboy and went to sleep. They did not run away if he sang beautiful, peaceful music.

The cowboys also sang music when they traveled to town to relax and have a good time. Sometimes they played either guitars or harmonicas. Later they used violins and other instruments.

In the American South, many people came from Ireland, Scotland, and England. Other people came from French Canada. They enjoyed their own kind of music. They used guitars, violins, and harmonicas, too. They also added instruments from their homes, like bottles, cans, and spoons. When they visited their friends and families on holidays like Thanksgiving, they usually sang and played country music.

Country-western music describes life. It talks about love, jobs, home, and money. People in many parts of the world like country-western music because everyone knows something about these ideas. Also, many fans of this music wear western clothes and dance together to country-western music. Many bands all over the world now perform country-western music.



make quiet



bottle



can



a Vocabulary

Put the right word in each blank. The sentences are from the text.

dangerous	bottles	cattle	calm
either	peaceful	listened	cans
alone	visited	violins	country

1. When he was _____ with the cattle, he drank strong coffee to stay awake at night.
2. When they _____ their friends and families on holidays like Thanksgiving, they usually sang and played country music.
3. They also added instruments from their homes, like _____, and spoons.
4. Cowboys had to take care of the _____.
5. A cowboy's life was lonely and _____.
6. Sometimes they played _____ guitars or harmonicas.
7. He also sang music to the cattle to _____ them.
8. They did not run away if he sang beautiful, _____ music.
9. Later they used _____ and other instruments.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

dangerous	bottles	cattle	stars
either	peaceful	cans	calms
alone	visit	country	violin

1. It is _____ to drive a car on icy roads.
2. You can buy vegetables and soup in _____.
3. You can buy orange juice in cans and _____.
4. Those children _____ their grandparents every week.
5. When a war ends, the countries are _____.
6. _____ are mammals.
7. Some people do not like to be _____.
8. Mario wants to study _____ the guitar or the _____.
9. Sometimes classical music _____ animals and people.



C Vocabulary Review

Underline the word that does not belong with the other three.

1. pop, mammals, country-western
2. calm, beside, relaxed, not nervous
3. around, eastern, southern, western
4. violin, guitar, cassette, harmonica
5. cattle, fans, composers, performers
6. grass, pop, rice, palm
7. lovely, sweet, afraid, wonderful
8. listen, relax, express, slave

d Questions

The asterisk () means you have to think of the answer. You cannot find it in the text.*

1. Where did country-western music come from?
- *2. Why was a cowboy's life dangerous?
3. When did the cowboys sing?
4. What instruments do people use to play country-western music?
- *5. Where did many people in the American South come from?
6. When people in the American South visited their families on holidays, what did they do to have a good time?
7. What does country-western music talk about?
8. Why do people all over the world like country-western music?



e Comprehension: True/False/No Information

Write T if the sentence is true. Write F if the sentence is false. Write NI if there is no information about the sentence in the text.

- _____ 1. Many fans like to perform to country-western music.
- _____ 2. Country-western music is new.
- _____ 3. Country-western music came from the American West and the American South.
- _____ 4. The cattle became calm when they listened to the cowboys' songs.
- _____ 5. Cowboys sometimes had to stay awake all night.
- _____ 6. Cowboys always stayed alone with the cattle.
- _____ 7. Many people in the American South came from Malaysia, China, and eastern Australia.
- _____ 8. Country singers sing about unusual ideas.
- _____ 9. Some fans enjoy country-western music instead of rock and roll.

f

Main Idea

Circle the number of the main idea of the text.

- 1. Guitars and violins are popular instruments for country-western music.
- 2. Cowboys sang country-western music because it helped them relax.
- 3. Country-western music describes life.



unit



For each sentence, choose the word or phrase that means the same as the word in **bold type**. Do not use your dictionary. The **bold words** are new in this unit.

1. She works 40 hours a week and she gets three weeks of **vacation**. She usually visits her family during her **vacation**.
a. money
b. exercise
c. hot places
d. time not working
2. I have six oranges but I only need two. That means I have four **extra** oranges.
a. more than needed
b. less than wanted
c. strange
d. sweet
3. It's the pilot's **duty** to fly the plane safely.
a. chance
b. necessary act
c. behavior
d. exercise
4. One of the **benefits** of exercising is that you feel good.
a. something good
b. something bad
c. something natural
d. something expensive
5. Everyone was hungry, but they only had one sandwich. They decided to **share** the sandwich so that everyone got a little.
a. throw away
b. make
c. divide in equal parts
d. chew it slowly
6. The loudness of the music continued to **increase**. Finally, it was so loud everyone left the room. When something increases, there is _____ of it.
a. more
b. less
c. the same amount
d. none
7. If you want to study, don't sit in that chair. It's very **comfortable**, and you might fall asleep.
a. hard
b. relaxing
c. exciting
d. boring

8. He always gets dressed after breakfast because he doesn't want to get food on his school clothes.
- a. takes clothes off
 - b. chooses clothes
 - c. puts clothes on
 - d. hates clothes
9. What's your favorite meal—breakfast, lunch, or dinner?
- a. day of the week
 - b. time to eat
 - c. time to get up
 - d. part of a movie
10. My friend has a hundred jazz CDs. Obviously, he likes jazz music.
- a. It is hard to believe that
 - b. It is better that
 - c. It is strange that
 - d. It is easy to see that

Work Hours

Country	Normal Work Hours Each Week	Vacation Days Each Year
		
Argentina	48 hours	14 to 35 days
France	35 hours	25 days
Germany	40 hours	30 days
Thailand	48 hours	At least 6 days per year
United States	40 hours	10 to 20 days

Before You Read

Look at the chart and the pictures. Read the sentences.

Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. People in France work more hours than people in Germany.	☐	☐	☐
2. People in Germany have the longest vacations.	☐	☐	☐
3. Most people work about eight hours a day.	☐	☐	☐



Work Hours

Many people say that they are working too many hours. They don't have **enough** time with their families. They can't take care of things at home. They don't have time to relax.

Work hours **vary** from one country to another. In France, people spend about 1,646 hours a year at work. In Japan, however, people work about 2,159 hours a year. That means a Japanese **employee** works 513 more hours a year than a French employee. That is more than 12 weeks, or three months, of **extra** work!

Why do people work so many hours? Some people work extra hours because they want to **earn** more money. However, many companies don't pay **overtime**. Their employees don't get extra **pay** for extra work. These people work extra hours because they think it's their **duty**. Some people are afraid they will lose their job if they don't work extra hours.

Many people say that their **vacations** are too short. In France, people get five weeks of paid vacation. In Germany, they get from four to six weeks. In the United States, two weeks of vacation is the **average**. Many people don't even use all of their vacation days. In one study in Great Britain, fewer than half of workers used all their vacation days. In English, people say, "All work and no play makes Jack a **dull** boy." If that is true, there are a lot of dull people in the world.

are different

worker

boring

a Vocabulary

Put the right word in each blank. The sentences are from the text.

average	earn	extra	pay
dull	employee	lose	vary
duty	enough	overtime	vacations

1. Some people work extra hours because they want to _____ more money.
2. All work and no play makes Jack a _____ boy.
3. However, many companies don't pay _____.
4. In the United States, two weeks of vacation is the _____.
5. Work hours _____ from one country to another.
6. These people work extra hours because they think it's their _____.
7. A Japanese employee works 513 more hours a year than a French _____.
8. They don't have _____ time with their families.
9. That is more than 12 weeks, or three months, of _____ work!
10. Some people are afraid they will _____ their job if they don't work extra hours.
11. Many people say that their _____ are too short.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

average	earn	extra	pay
dull	employees	lose	varies
duties	enough	overtime	vacation

1. They left early because the movie was very _____.
2. She didn't buy the book because she didn't have _____ money.
3. At the movies, you _____ before you enter the theater.
4. He worked four hours of _____ last week.
5. In some places, the weather _____ from day to day.
6. He wants to get a job so he can _____ some money.
7. The _____ person sleeps about eight hours a day.



8. Florida is a popular place for a _____.
9. Take care of your passport. You don't want to _____ it.
10. One of my _____ at home is to cook dinner.
11. How many _____ does his company have?
12. Do you want an _____ piece of cake?

C Vocabulary Review

Underline the word that does not belong with the other three.

1. calm, peaceful, relaxed, dangerous
2. guitar, harmonica, broom, violin
3. roast, pretend, bake, fry
4. chew, yawn, laugh, affect
5. basket, office, farm, museum
6. bored, soft, alert, lonely
7. scientist, medicine, composer, farmer
8. cattle, dolphin, date palm, bear

d Questions

The asterisk () means you have to think of the answer. You cannot find it in the text.*

1. What do people need more time to do?
2. How many hours a year do people in France work?
3. How many hours a year do people in Japan work?
4. Why do some people work extra hours?
- *5. Why don't some companies pay overtime?
6. In which country do people get the longest vacations?
- *7. Why don't people use all of their vacation days?

e Comprehension: True/False/No Information

Write T if the sentence is true. Write F if the sentence is false. Write NI if there is no information about the sentence in the text.

- _____ 1. People in France work more hours than people in Japan.
- _____ 2. You don't always earn extra money when you work extra hours.
- _____ 3. If your company pays overtime, you get more money when you work extra hours.
- _____ 4. In most countries, people get five weeks of vacation every year.
- _____ 5. People in the United States have fewer vacation days than people in France or Germany.
- _____ 6. In Great Britain, most employees use all their vacation days.

f Main Idea

Circle the number of the main idea of the text.

- 1. Many employees work extra hours, but they don't get paid for it.
- 2. Some people get longer vacations than others.
- 3. A lot of people think they are working too hard.



Salaries



Before You Read

Look at the pictures. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. Doctors often work overtime.	☐	☐	☐
2. It's harder to become a pilot than a waiter.	☐	☐	☐
3. A dentist's pay is higher than a waiter's pay.	☐	☐	☐



In the United States, you probably shouldn't ask the question "How much money do you earn?" Many people think that their **salary** is **private** information. However, you can find out the typical salary for different jobs on the **Internet**.

the money paid for
doing a job

What are the best-paying jobs? In the United States, **doctors**, **dentists**, and **pilots** get the highest salaries. Why is that? Maybe it's because it takes many years of study to enter these **professions**. Which jobs pay the lowest salaries? All of the lowest-paying jobs are connected to food. Cooks in fast-food restaurants and **waiters** get the lowest salaries in the United States.

Of course, your salary is not just the money you earn every week or month. In many jobs, you get a salary and **benefits**. Benefits are the extra things your **employer** gives you. Common benefits are **health insurance** and paid vacations. Benefits equal about 25% of an employee's salary. For example, a person with a salary of \$40,000 **plus** benefits is really earning about \$50,000. That's a lot of extra money!

and, +



a Vocabulary

Put the right word in each blank. The sentences are from the text.

benefits	employer	pilots	doctors
dentists	health insurance	plus	salary
professions	Internet	private	waiters

1. In many jobs, you get a salary and _____.
2. In the United States, _____, _____, and _____ get the highest salaries.
3. You can find out the typical salary of different jobs on the _____.
4. A person with a salary of \$40,000 _____ benefits is really earning about \$50,000.
5. Common benefits are _____ and paid vacations.
6. Cooks in fast-food restaurants and _____ get the lowest salaries in the United States.
7. It takes many years of study to enter these _____.
8. Many people think that their _____ is _____ information.
9. Benefits are the extra things your _____ gives you.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

benefits	employer	pilots	doctor
dentist	health insurance	plus	salary
professions	Internet	private	waiters

1. Your _____ pays your salary.
2. When you have a toothache, you should go to a _____.
3. If the sign on a door says _____, you shouldn't enter.
4. Ten _____ ten equals twenty.
5. Her father changed _____ several times during his life. First he was a doctor, and then he became a business man and then a teacher.
6. People in the United States pay for their own _____; the government does not provide it.



7. _____ work in restaurants.
8. One of the _____ of the Internet is that you get lots of free information.
9. Is your _____ higher this year than last year?
10. A pediatrician is a _____ for children.
11. There are usually two _____ on an airplane.
12. The _____ is a worldwide computer system of facts and news.

C Vocabulary Review

Match each word in Column A with the word or phrase in Column B that means the same. Write the letter on the line following the word in Column A.

Column A

1. hard _____
2. relaxed _____
3. common _____
4. boring _____
5. either _____
6. bake _____
7. dangerous _____
8. quick _____
9. expensive _____

Column B

- a. usual
- b. difficult
- c. one of two things
- d. not slow
- e. not safe
- f. not cheap
- g. calm
- h. cook in the oven
- i. not interesting

d Questions

The asterisk (*) means you have to think of the answer. You cannot find it in the text.

1. Which jobs in the United States have the highest salaries?
2. Which jobs have the lowest salaries?
3. What are some common benefits that employers give employees?
4. Where can you find the salaries of different jobs?
- *5. Why do you think cooks and waiters get low salaries?
- *6. How much is a person with a salary of \$20,000 plus benefits really earning?
- *7. What is the difference between a job and a profession?
- *8. Why do some people think that their salary is private information?



e Comprehension: Multiple Choice

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Put a circle around the letter of the best answer.

1. Paid vacation is _____.
 - a. a profession
 - b. a kind of overtime
 - c. a kind of benefit
 - d. for employers only
2. The money you earn at a job is your _____.
 - a. Internet
 - b. salary
 - c. insurance
 - d. employer
3. You get _____ from your employer.
 - a. a profession
 - b. a waiter
 - c. employees
 - d. benefits
4. Benefits equal about _____ of an employee's salary.
 - a. half
 - b. 10%
 - c. 25%
 - d. 30%
5. It takes a long time to become _____.
 - a. an employee
 - b. a pilot
 - c. a waiter
 - d. a cook in a fast-food restaurant

f Main Idea

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Circle the number of the main idea of the text.

1. Salary and benefits vary from one job to another.
2. Health insurance is one type of benefit.
3. It takes a long time to become a doctor, dentist, or pilot.



Family-Friendly Companies

Country	Time off for the Birth of a Child
	
Finland	105 days of paid time off for mothers 42 days of paid time off for fathers
Japan	14 weeks unpaid time off for mothers
United States	12 weeks of unpaid time off for mothers

Before You Read

Look at the picture and the chart. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. All countries give paid time off at the birth of a child.	☐	☐	☐
2. In Finland, fathers get paid time off at the birth of a child.	☐	☐	☐
3. Most companies are family-friendly.	☐	☐	☐



Family-Friendly Companies

In many families today, both the mother and the father have jobs outside the home. This can make it difficult to take care of the children. To help, some companies are changing the work rules. These companies are trying to be more family-friendly.

What are companies doing to become family-friendly? Many companies are **allowing** their employees to work **flexible** hours. With flexible hours, or flextime, people can work **full time**, but they don't have to work a nine-to-five **schedule**. Some employees **choose** to come in early and leave early. Some employees choose to work ten hours one day and six hours the next. Most companies say that flexible hours **increase** productivity. In the United States, about one-third of full-time employees have flexible work schedules.

Family-friendly companies also allow two employees to **share** one job. Each employee does half the job and gets half the salary. In the United States, 27% of companies offer some kind of job sharing.

Many family-friendly companies also give paid **leave** to both parents when a baby is born. In many countries, employers have to give **female** workers **time off** before and after the birth of a child. In the United States, for example, female employees get 12 weeks of **unpaid** time off. New mothers can stay at home, but they don't get their salary. In some countries, employers have to give all workers paid leave for the birth of a child. In Finland, for example, both **male** and female employees get paid leave. Women get 105 days of paid leave and men get 42!

The way people work is changing. For many people, that is a good thing.

time off from a job that is
not vacation or sick days

time not at work

a Vocabulary

Put the right word in each blank. The sentences are from the text.

allowing	flexible	time off	share	leave
choose	full time	companies	schedule	become
female	increase	rules	unpaid	male

1. Many companies are _____ their employees to work _____ hours.
2. Most companies say that flexible hours _____ productivity.
3. Family-friendly companies also allow two employees to _____ one job.
4. To help, some companies are changing the work _____.
5. With flexible hours, people can work _____, but they don't have to work a nine-to-five _____.
6. In many countries, employers have to give _____ workers _____ before and after the birth of a child.
7. In Finland, for example, both _____ and female employees get paid leave.
8. In the United States, for example, female employees get 12 weeks of _____ time off.
9. Some employees _____ to come in early and leave early.
10. In some countries, employers have to give all workers paid _____ for the birth of a child.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

allow	flexible	time off	share	female
choose	full-time	male	employers	schedule
leave	increase	salary	rules	unpaid

1. Do you want a _____ job or a part-time job?
2. Did your parents _____ you to work when you were in high school?

3. Reading helps to _____ your vocabulary.
4. In the past, most pilots were _____, but today there are many _____ pilots.
5. Do you know the _____ for American football?
6. Who has a more _____ body—a 15-year-old boy or an 80-year-old man?
7. Do you take _____ every year? How many days of paid _____ do you get?
8. Is it important to teach children to _____ things with their friends?
9. Where can I get a bus _____?
10. Do you think people should _____ their own name?

C Vocabulary Review

Put the right word in each blank.

instead of	stretch	exercise	company
expensive	hate	produce	louder
private	disease	alone	visit

1. It's hard to eat something you _____.
2. AIDS is a dangerous _____.
3. What crops does your country _____?
4. Do you know anyone who lives _____?
5. What countries did you _____ last year?
6. My employer has his own _____ airplane.
7. Many people choose to live in the country _____ the city.
8. If you _____ your arms, you can touch your toes.
9. Which is more _____—a video or a CD?
10. How many times a week do you _____?

d Questions

The asterisk () means you have to think of the answer. You cannot find it in the text.*

1. What are flexible work hours?
2. What is job sharing?
- *3. Why are some companies becoming more family-friendly?
4. Why do employers like flexible work hours?
5. Why do employees like flexible work hours?
- *6. Why are more men getting time off after the birth of a child?

e Comprehension: True/False/No Information

Write T if the sentence is true. Write F if the sentence is false. Write NI if there is no information about the sentence in the text.

- _____ 1. Most companies offer employees flexible hours.
- _____ 2. With job sharing, one person has two jobs.
- _____ 3. Paid leave is different from paid vacation.
- _____ 4. Family-friendly companies are trying to help employees with children.
- _____ 5. Only employees with children can share jobs.
- _____ 6. In Finland, both men and women get time off for the birth of a child.

f Main Idea

Circle the number of the main idea of the text.

1. The way people work is changing.
2. More people are sharing jobs.
3. Companies are becoming more productive.



Work Clothes



Before You Read

Look at the picture. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

- | | True | False | Don't Know |
|--|--------------------------|--------------------------|--------------------------|
| 1. All the women are wearing blouses. | ☐ | ☐ | ☐ |
| 2. All the men are wearing suits. | ☐ | ☐ | ☐ |
| 3. Most companies have rules about work clothes. | ☐ | ☐ | ☐ |



Work Clothes

For some people, it's easy to get dressed for work. Pilots and police officers, for example, don't have to make decisions about their work clothes. They wear uniforms to work every day.

choices

For many office workers, however, it is more difficult to choose clothes for work. They do not wear uniforms to the office. Also, many employers are changing their dress codes. They are allowing their employees to wear casual clothes to work.

rules about what clothes to wear

The change to casual work clothes began in the 1990s. At first, many companies in the United States allowed employees to wear casual clothes on one day of the week—Friday. Friday became “Casual Friday” or “Dress-down Friday.” Today, however, many companies are allowing their employees to wear casual clothes every day of the week.

Why are companies allowing their employees to wear casual clothes? Some studies show that people are more productive when they are wearing comfortable clothes. Employees also like the casual dress code because they don't need to buy special clothes for work. They can save money this way.

Unfortunately, a casual dress code can also cause problems. Sometimes employees dress too casually. They think they can wear anything. Many companies have rules about casual clothes. They list the kinds of clothes that are not “business-casual” clothes. Blue jeans, sandals, and sportswear are examples of clothes that are usually too casual for the office.

a Vocabulary

Put the right word in each blank. The sentences are from the text.

casual	get dressed	police officers
comfortable	dress codes	special
decisions	uniforms	sportswear

1. They wear _____ to work every day.
2. Pilots and _____, for example, don't have to make _____ about their work clothes.
3. Blue jeans, sandals, and _____ are examples of clothes that are usually too casual for the office.
4. That is because many employers are changing their _____.
5. Some studies show that people are more productive when they are wearing _____ clothes.
6. They are allowing their employees to wear _____ clothes to work.
7. Employees also like the casual dress code because they don't need to buy _____ clothes for work.
8. For some people, it's easy to _____ for work.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

casual	get dressed	police officers
comfortable	dress codes	special
decide	uniform	sportswear

1. Why did she _____ to become a pilot?
2. There are more male _____ than female ones.
3. Soccer players wear their team's _____.
4. People don't usually wear _____ clothes to a wedding.
5. Most schools have _____.
6. You can wear _____ to the lake.
7. Sportswear is more _____ than office clothes.
8. She has _____ clothes that she wears only to work.
9. How long does it take you to _____ in the morning?



C Vocabulary Review

Match each word in Column A with the word in Column B that means the opposite. Write the letter on the line following the word in Column A.

Column A

1. boring _____
2. interesting _____
3. earn _____
4. private _____
5. country _____
6. hate _____
7. nervous _____
8. stay _____

Column B

- a. leave
- b. public
- c. dull
- d. love
- e. exciting
- f. calm
- g. spend
- h. city

d Questions

The asterisk (*) means you have to think of the answer. You cannot find it in the text.

1. What do pilots wear to work?
2. What is happening to dress codes at many companies?
3. What is "Casual Friday"?
- *4. What is an example of sportswear?
5. Why do employees like to wear casual clothes to work?
6. Why do employers like the casual dress code?
7. What problems can a casual dress code cause?



Lesson

5

Time Off



Before You Read

Look at the pictures. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. Watching TV is a popular free-time activity.	☐	☐	☐
2. People spend more time eating than watching TV.	☐	☐	☐
3. Few people had a computer at home 20 years ago.	☐	☐	☐



Time Off

Amal works 45 hours a week. It takes him an hour to travel to work every day. That means he spends 10 hours **commuting** each week. At home, Amal spends about 23 hours a week doing work around the house. Of course, he needs to sleep (56 hours a week) and **prepare** and eat **meals** (14 hours a week). So Amal has 20 hours of **leisure**. That is a typical amount of leisure time for someone in the United States.

traveling to work

free time

What do people do in their leisure time? **Obviously**, watching television is a popular free-time activity in many countries. Studies show that people are watching more TV today than they did twenty years ago. That is probably because there are many more TV **channels** today. People can choose **programs** from hundreds of TV channels.

Computers are also changing the way people use their leisure time. Today people are spending more time doing things on their computers. **Surfing** the Internet is becoming another popular free-time activity. In fact, some employers are finding that workers are skipping lunch to surf the Internet.

More and more, people are mixing their work time and play time. They talk on the telephone while they are commuting to work. They read work papers while they are eating. They listen to music while they are studying. Maybe this is why people believe that they have less free time today.

a Vocabulary

Put the right word in each blank. The sentences are from the text.

channels	leisure	popular	prepare
commuting	meals	programs	typical
computers	choose	obviously	surfing

- _____ are also changing the way people use their leisure time.
- Of course, he needs to sleep (56 hours a week) and _____ and eat _____ (14 hours a week).
- _____, watching TV is a popular free-time activity in many countries.
- That means he spends 10 hours _____ each week.
- _____ the Internet is becoming another popular free-time activity.
- So Amal has 20 hours of _____ time.
- That is probably because there are many more TV _____ today.
- People can choose _____ from hundreds of TV channels.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

channels	probably	leisure	prepares
commute	believe	program	meal
computer	obviously	surf	mix

- What is your favorite evening TV _____?
- Too many people _____ to work by car. The roads are very crowded.
- Do you know how to use a _____?
- How much _____ time do you have each week?
- Why do people like to _____ the Internet?
- _____ she is very smart. She finished high school at age 14.
- Who _____ the meals in your family?
- What's your favorite _____—breakfast, lunch, or dinner?
- How many _____ do you get on your TV?



C Vocabulary Review

Underline the word that does not belong with the other three.

1. dull, boring, exciting, uninteresting
2. doctor, dentist, employer, waiter
3. benefits, schedule, salary, pay
4. travel, commute, pretend, move
5. lose, and, plus, add
6. dangerous, peaceful, calm, relaxing
7. sportswear, casual clothes, performers, uniforms
8. choose, vary, decide, pick

d Questions

The asterisk () means you have to think of the answer. You cannot find it in the text.*

- *1. How many hours a day does Amal spend sleeping?
2. How much leisure time does he have every week?
3. What are some popular leisure activities?
4. What do people like to do with their computers?
- *5. What kinds of things do employees do during their lunch time?
- *6. Why are so many people mixing their work activities and free-time activities?



e Comprehension: True/False/No Information

Write T if the sentence is true. Write F if the sentence is false. Write NI if there is no information about the sentence in the text.

- _____ 1. Amal has a very unusual work schedule.
- _____ 2. Amal prepares all of the meals at home.
- _____ 3. Most people in the United States commute by car.
- _____ 4. Most people in the United States have about 20 hours of leisure time each week.
- _____ 5. Watching TV is a popular leisure activity.
- _____ 6. There were hundreds of TV channels twenty years ago.
- _____ 7. There are more programs on TV today.
- _____ 8. Instead of working, many employees are surfing the Internet.
- _____ 9. People have less free time today than in the past.
- _____ 10. People are studying and eating more today.

f Main Idea

Circle the number of the main idea of the text.

- 1. Leisure time is important.
- 2. People spend a lot of leisure time watching TV.
- 3. The way people use their leisure time is changing.



Lesson

3

The First Woman on Mount Everest



Before You Read

Look at the picture. Read the sentences.
Check (✓) *True*, *False*, or *Don't Know*.

	True	False	Don't Know
1. This person is in a very cold place.	☐	☐	☐
2. She is doing something dangerous.	☐	☐	☐
3. She is on a mountain.	☐	☐	☐



3 The First Woman on Mount Everest

Mount Everest is the highest mountain in the world. It is in the Himalayas between Nepal and China, and it is 8,900 meters high. Sir Edmund Hillary from New Zealand and Tenzing Norgay from Nepal were the first people ever to climb Mount Everest. They climbed it in 1953. Men from several different countries climbed it after that.

Junko Tabei, a Japanese from Hokkaido, was the first woman to make this difficult climb. A Tokyo newspaper-television company organized the Mount Everest climb in 1975. They chose fifteen women from mountaineering clubs to go to Nepal. The group climbed for several days. Then there was an avalanche. The heavy ice and snow injured ten of the women. They had to stop climbing. The other five continued.

Only Ms. Tabei was able to climb the last 70 meters. She was standing on top of the world. She was the first woman there.

Ms. Tabei was 35 years old at the time. She started climbing mountains in 1960. She still climbs mountains. She is not an ordinary Japanese housewife. Her husband works for Honda Motor Company. He likes to climb mountains, too. But he can't get enough vacation from his work to go with his wife all the time. So he stays home to work and take care of the house.

In 1992, Ms. Tabei became the first woman to climb the highest mountain on each of the seven continents. Now her goal is to climb the highest mountain in every country of the world. To do this, she travels to foreign countries several times a year. Ms. Tabei also helps an organization that is working to protect mountain environments.



planned

hurt

could

in the past and now

a Vocabulary

Put the right word in each blank. The sentences are from the text.

injured	ordinary	climb	heavy
was able to	still	organized	goal
environments	mountain	continents	

1. Ms. Tabei became the first woman to climb the highest mountain on each of the seven _____.
2. Only Ms. Tabei _____ climb the last 70 meters.
3. She _____ climbs mountains.
4. A Tokyo newspaper-television company _____ the Mount Everest climb in 1975.
5. She is not an _____ Japanese housewife.
6. The _____ ice and snow _____ ten of the women.
7. Now her _____ is to climb the highest mountain in every country of the world.
8. Mount Everest is the highest _____ in the world.
9. Ms. Tabei also helps an organization that is working to protect mountain _____.
10. Sir Edmund Hillary from New Zealand and Tenzing Norgay from Nepal were the first people ever to _____ Mount Everest.

b Vocabulary: New Context

Put the right word in each blank. These are new sentences for words in the text.

injured	ordinary	environment	climbed
was able to	still	organize	heavier
goal	mountainous	continent	

1. The smallest _____ in the world is Australia.
2. Abdullah took the test four times. He _____ pass it the fourth time.
3. He _____ a ladder to get to the roof of the house.
4. The students are going to _____ a party for the last day of classes.



5. A hippopotamus is _____ than a camel.
6. Robert _____ his leg while he was skiing.
7. He walked 20 kilometers, but he _____ wasn't tired.
8. There was nothing _____ about the food at his house. It was very special.
9. Switzerland is a _____ country. That's why a lot of people there can ski.
10. His _____ is to become a famous musician.
11. Cars pollute the air and hurt the _____.

C Vocabulary Review

Match each word in Column A with the word in Column B that means the same. Write the letter on the line following the word in Column A.

Column A

1. gift _____
2. pleased _____
3. great _____
4. noisy _____
5. leader _____
6. completely _____
7. fewer _____
8. commute _____
9. suppose _____
10. perhaps _____

Column B

- a. maybe
- b. loud
- c. think
- d. ruler
- e. wonderful
- f. present
- g. less
- h. happy
- i. all
- j. travel

d Questions

The asterisk (*) means you have to think of the answer. You cannot find it in the text.

1. When did the first mountain climbers reach the top of Mount Everest?
2. Where is Mount Everest?
3. Is Mount Everest an ordinary mountain? Why?
4. Who was the first woman to climb Mount Everest?
5. Who organized the climb?
6. What happened to ten of the women climbers?

